

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

NAMI Orange is an all-volunteer nonprofit organization that is dedicated to supporting, educating and advocating for people with mental illness & their loved ones. We do this through support groups, free educational classes, presentations, outreach into the community and linking people to services they may need. Our members can be the families of people with mental health conditions, their loved ones, professional providers or anyone who is concerned with mental illness.

Education & Support Programs:

NAMI Family-to-Family is a free, 12 session education program for family, significant others and friends of people living with mental illness who are their caregivers. Classes are taught by NAMI-trained family members who have been there and they include presentations, discussions and interactive exercises.

NAMI Basics is a free, 6 session education program for parents and family caregivers of children and teens with mental health conditions.

NAMI Family & Friends is a free 4 hour seminar that informs people who have loved ones with a mental health condition how to best support them. It's also an opportunity to meet other people in similar situations and gain community support.

NAMI In Our Own Voice offers insight into the hope and recovery possible for people with mental illness. People with lived experience lead a brief, yet comprehensive and interactive presentation about mental health.

NAMI Ending the Silence is an in-school presentation designed to teach middle and high school students about the signs and symptoms of mental illness.

NAMI FaithNet is an information exchange network of NAMI members, friends, clergy and congregations of all faith traditions who wish to create more welcoming and supportive faith communities for persons and families touched by serious mental illness.

NAMI Family Support Group is a support group for family members, caregivers, friends and loved ones of individuals living with mental illness.

NAMI Connection Recovery Support Group is a peer-led support group for individuals living with a mental illness who need to talk with someone that understands - someone who has been in the same situation they are in, someone who can give them hope and inspiration for their recovery.

NAMI Homefront is a free, 6 session education program for families, caregivers and friends of military service members and vets with mental health conditions. The program is taught by trained family members of service members/veterans living with mental health conditions.

NAMI Education Meetings are open to the public and include guest speakers on topics related to mental health. Check our website at <http://namiorangeny.org> for meeting and program dates, lists of resources, advocacy and contact information.